COACHING PROGRAMME

The Club Professional, LTA Licensed Coach Nigel Allingham and his assistants run individual and group coaching courses for senior members of the Club throughout the year.

- All individual lessons with coaching staff by prior arrangement with Nigel Allingham.
- Special packages and promotions available.
- Group coaching available on request to Nigel Allingham.

NEW MEMBERS FAMILIARISATION

Before joining, all potential members will be invited to a familiarisation session with the Coaching Team. On completion all potential new members will be advised of their category of membership and of suitable club sessions that they may wish to attend.

A RESTRINGING SERVICE is available - ask Nigel for details.

CLUB BAR

The Club Bar offers alcoholic beverages, tea, coffee, light snacks and is open 5 days a week.

Bar Opening Times

Tuesday, Thursday & Friday 7.00 - 10.30pm Sat: 10.00am - 1.00pm & Sun: 11.00am- 2.00pm

SOCIAL EVENTS

Table Tennis, Quiz Nights, Supper Nights, Wimbledon Tickets Ballot, Cheese and Wine, Annual Dinner Dance, Barbecues, Bowling, etc.

DOME TARIFF

OFF-PEAK TARIFF

DAY	TIME	Members Rate Per Court Hour	Non Members Rate Per Court Hour
Mon-Fri	09.00-16.00	£8	£18

STANDARD TARIFF

DAY	TIME	Members Rate Per Court Hour	Non Members Rate Per Court Hour
Mon-Fri	16.00-19.00	£10	£20
Sunday	09.00- 21.00	£10	£20

PEAK TARIFF

DAY	TIME	Members Rate Per Court Hour	Non Members Rate Per Court Hour
Mon-Fri	19.00-22.00	£12	£24
Saturday	09.00- 21.00	£12	£24

Online booking now available at:

www.cltconline.co.uk

Certain times available for phone bookings, please see system. All bookings will be charged unless cancelled 24 hours prior to play.

Dome Hotline 07934 782411



TENNIS PROGRAMME & COACHING COURSES - 2012/2013 -

Crawley Lawn Tennis Club

Hazelwick Avenue, Three Bridges Crawley, West Sussex RH10 1NP www.tenniscrawley.co.uk

General Enquiries

01293 533388

(24-hour answer phone)

Membership Secretary

Jackie Doherty - 07766 815754

Head Coach

Nigel Allingham - 07948 372611

Dome Bookings - 07934 782411



TENNIS PROGRAMME 2012-2013

Crawley LTC is one of a very few Members Clubs with an indoor facility and is able to run a full tennis programme all year round.

EVENTS	DATES	
Dave Carroll American Tournament	Wednesday 11th July.	
Fun Day	Saturday 9th June.	
Open Junior Tournament	Sunday 8th April - Friday 13th April.	
Senior Club Championships	May - September 2012.	
Junior Club Championships	6, 7, 8th June.	
Club Handicap Tournament	October 2012- March 2013.	
Veterans Tournament	July - October 2012.	
Pauline Dunn Mixed Doubles Tournament	January - March 2013.	
Singles Ladders	Ongoing throughout year.	
Senior Club Sessions Tuesdays - Mixed Wednesdays - Mixed Wednesdays - Flexible Thursdays - Mixed Fridays - Novices Sundays - Mixed	Summer April - Sept. 2012 6.30pm onwards. 10.00am - 1.00pm. 6.30pm onwards. 6.30pm onwards. 6.30pm onwards. 10.30am - 1.00pm.	
Members Only Junior Club Sessions	See junior notice board for details.	
Senior Club Sessions Tuesdays & Thursdays Wednesdays Sundays Fridays - Novice/Improver	Winter Sept. '12 - April '13 7.00pm onwards. 10.00am - 1.00pm 10.30am - 1.00pm 7.00pm onwards.	
Annual General Meeting	February 2013.	
Annual Dinner Dance	TBA	

FOR ALL ADULT STANDARDS OF PLAY

NOVICE/IMPROVER

- Drop-in coaching on: Saturdays 11.00am-12.00 noon
- Club Sessions Fridays.
- Singles Ladder.

IMPROVER+

- ◆ Club Sessions Up to 4 per week (depending on colour grading).
- Drop-in coaching on: Fridays 7.00-8.00pm

CLUB STANDARD

- Club Sessions Up to 4 per week.
- Drop-In coaching sessions:
- Coffee/Coaching Fridays 10.00 11.00am (for yellow dot and above).
- Advance/Team Coaching -Saturdays 8.00-9.00am.
- Singles Ladders.
- Club Championships.



CLUB SESSIONS - SUMMER/WINTER

Summer sessions are held outside except during inclement weather when they use the dome at £3 per person.

Winter sessions are held in the dome. <u>All</u> dome sessions are charged at £3 per person with 2 new tubes of balls supplied by the club for all sessions.

OUTSIDE COURTS AVAILABILITY

We aim to provide courts for members



The Club has programmes for all Juniors.

MONDAYS to FRIDAYS -4.00pm - 6/7.00pm



RED - 4 - 8 years
ORANGE - 7 - 11 years
GREEN - 8+ years

• SATURDAY

PROGRAMME - 11am-4pm

For further details please see Nigel Allingham or contact him on 07948 372611 or email him on nigeltenniscoach@tiscali.co.uk

JUNIOR CLUB SESSIONS/COACHING

Run on a termly basis. Red 7-8 years, Orange 8-9 years, Green 9-10 years. Orange club session Saturday 10-11am, Green club session Saturdays 11am-12pm.

Yellow ball Junior club sessions Friday evenings 4.30-6.30pm.

SATURDAY, HALF TERM & HOLIDAY CAMPS

are also available. Details provided nearer the

